

ASSOCIATE OF ARTS **SPORT AND FITNESS MANAGEMENT**

This degree is designed to provide students with a foundation for careers in sport and fitness management, such as health, fitness, or recreation manager; independent contractor personal trainer; or entry-level sports agent. Students are also prepared to continue their education at four-year institutions in both exercise science and business fields.

YEAR ONE

FALL SEMESTER			SPRING SEMESTER		
		<u>Credits</u>			<u>Credits</u>
CS121	Principles of Microsoft Office	4	*****	Science Elective w/ Lab	4
EN111	College Composition	4	MA***	Math Elective	4
ES105	Sociology of Sports	4		MA113, MA114, or MA116	
ES101	Fitness & Wellness	2	ES109	Conditioning & Strength in Training	4
BU113	Introduction to Business	<u>3</u>	EN112	Content Area Comp. & Research	<u>4</u>
TOTAL		17	TOTAL		16

YEAR TWO

FALL SEMESTER			SPRING SEMESTER		
		<u>Credits</u>			<u>Credits</u>
AC131	Accounting I	4	ES113	Sports Nutrition	3
EN107	Public Speaking	3	*****	Humanities Elective	3-4
NA113	Native American Awareness	1	*****	Science Elective	4
NA125	History & Org. of MI Indian Tribes	4	ES205	Sports Management	4
BU209	Marketing	<u>4</u>	BU***	Approved Business Elective	<u>3</u>
TOTAL		16	TOTAL		17-18

Required credits for this curriculum = 66-67

Approved Electives: AC105 QuickBooks for Small Business
BU193 Business Comm. & Writing Skills
BU204 Business Law

Students seeking the Michigan Transfer Agreement Seal for transferability should select MA113, MA116, or MA206 for the mathematics elective and choose two different disciplines for the science electives.